

What is the difference between Youturn Health and an EAP?



YOUTURN HEALTH DIFFERS FROM EAPs
IN THE FOLLOWING WAYS:

Youturn Health

Point-in-time support

Contact within 48 hours

Addressing niche issues of mental health, substance misuse, and suicidal ideation.

Flat fee for service based on utilization for participant and family members

Monthly, quarterly, and yearly usage reports

EAP

Understanding and assessing clinical history

Growing shortage of mental health therapists leads to longer waits for clinical access

General counseling

Per employee per year pricing with session thresholds

75% of employers do not have clarity around EAP usage*

Integration with Existing Benefit Plan

Youturn Health provides non-clinical support, but because we are integrated with health plans and EAPs, we can easily refer participants to licensed providers when clinical support is required.

Youturn Health integrates into an employer's existing benefit plan design to provide a seamless participant journey. Our staff is trained on the employer's vendor programs to ensure referrals are made appropriately. We also educate an employer's preferred vendors on the Youturn Health program to illicit and track referrals.

Value to Employers

Youturn Health is dedicated to reaching as many people as possible to address mental health, substance misuse, and suicidal ideation, and employers represent a critical way to reach them. Youturn Health is a valuable employer investment to achieve a healthier, more productive employee population:

- Only 10% of individuals suffering with a substance use disorder seek help
- Because most employees are not seeking treatment, employers are losing an estimated \$225.8 billion annually each year due to stress, anxiety, depression, and substance use
- For every \$1 invested in mental health services for employees, there is a \$4 return in improved health productivity
- Improved worker wellbeing will increase organizational performance, productivity, and presenteeism
- Reduce behaviors such as absenteeism and turnover

*Source: National Safety Council



Find out more about Youturn Health:

- CALL: 888-520-1868
- EMAIL: Admissions@YouturnHealth.com
- WEB: YouturnHealth.com